

Please forward this important information to all employees concerning the PEEHIP Wellness program for the 2015-2016 school year.

PLEASE read before calling.

Thanks,
Tena :-)

It is a new year for the PEEHIP *Team Up for Health Wellness Program* – time to get a new wellness screening!

As we approach the start of the new PEEHIP plan year on October 1, it is now time to start working toward completing your required activities once again for year two of the PEEHIP Wellness Program. The restart date for obtaining your annual wellness screening was August 1, 2015, so that means **it is now time to get your wellness screening again for the upcoming plan year.** For members required to participate in the PEEHIP Wellness Program (see eligibility information below), **one wellness screening is required by August 31, 2016** to count toward earning the \$50 monthly wellness premium waiver for the plan year beginning October 1, 2016. If you elect to get your wellness screening from your primary care physician, remember that only one wellness screening is covered each calendar year under your PEEHIP Blue Cross Blue Shield benefits.

All eligible PEEHIP members are required to obtain one wellness screening per year, with each year restarting on August 1 in regards to wellness screening availability. This means that every August 1 restarts the time period in which eligible members must obtain a wellness screening.

Wellness screenings are required for active employees enrolled in PEEHIP's Blue Cross Blue Shield hospital medical plan (group #14000) and their covered spouse. Covered children (18 and older) are *not* required to be screened. All PEEHIP members and dependents (18 and older) who are enrolled in any PEEHIP-offered coverage are allowed one free annual wellness screening. In order to participate, please remind your employees that **they must present their PEEHIP insurance card at the screening site** in order to be screened.

- **The annual restart date for obtaining a wellness screening is August 1, but the annual restart date for completing the Health Questionnaire (HQ) and Health Coaching is October 1. These other required activities can be completed by visiting www.MyActiveHealth.com/PEEHIP or by calling 1-855-294-6580.**
- **For those required members listed above who choose not to participate by the deadline in wellness screenings and the other wellness program components, a \$50 monthly wellness premium will be added to their monthly PEEHIP hospital medical premium.** For those members with an eligible spouse who also do not participate, an additional \$50 monthly wellness premium will apply. PEEHIP does not want any member to incur the wellness premium, so please encourage your eligible employees to complete their requirements to receive a waiver of the monthly wellness premiums.
- To check your completion status, please log on to www.MyActiveHealth.com/PEEHIP and click on the "My Wellness Rewards" link, or log on to PEEHIP's Member Online Services website at <https://mso.rsa-al.gov> and click on the "Wellness Completion Status" link.

- If any PEEHIP member does not complete all required activities by their deadline and begins being charged the monthly wellness premium, this wellness premium can still be removed prospectively in the months following the time when the member reaches 100% complete.
- ADPH nurses are visiting all PEEHIP participating sites in the state to administer wellness screenings. If you have any PEEHIP members who are unable to be screened at your worksite due to not enough available nurses or time for everyone to participate, please let the nurses know that you would like for them to revisit your location so that all members who would like to be screened have the opportunity to do so.

If you or your members have any questions about the new Wellness Program, please see our monthly PEEHIP *Advisor* newsletters, visit our web site at www.rsa-al.gov/index.php/members/peehip/health-wellness/, visit our twitter account [@PEEHIP](https://twitter.com/PEEHIP), or contact us and we will be happy to answer any questions.

Thank you,
PEEHIP Wellness