



Gadsden City High School

Home of the **TITANS**

January Menu

MEAL COST
 Student Lunch: \$2.75 w/milk (all other drinks extra)
 Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk)
 Visitor: \$4.00 (includes cup of tea or milk)
 Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00
 Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	BEC On Flatbread	WG Cinnamon Roll w/Smoked Sausage	Chicken Biscuit	WG Pancakes (2) & Sausage Patty	Manager's Special or Fruit Parfait	
	1 NO SCHOOL	2 INSERVICE	3 BBQ Chicken Sandwich French Fries/Baked Beans Garden Salad w/Dressing WG Crackers Raw Veggies Baked Apples/Milk	4 Taco Salad w/Corn Chips Onions/Jalapenos/Olives Salsa/Guacamole Whole Kernel Corn Black Beans Mandarin Oranges/Milk	5 Choice of Pizza French Fries Garden Salad w/Dressing Whole Kernel Corn Banana/Choice of Milk	6
7	8 Spaghetti Garden Salad w/Dressing Breadstick Green Beans Pineapple Chunks/Milk	9 Chicken Fajita Peppers & Onions Refried Beans/WK Corn Chips & Salsa Garden Salad w/Ranch Apple/Choice of Milk	10 Homestyle Chili Tater Tots Garden Salad w/Dressing Raw Veggies/Crackers Sliced Peaches Choc. Chip Cookie Choice of Milk	11 Meatloaf Creamed Potatoes Steamed Cabbage Glazed Carrots Roll Apple/Choice of Milk	12 Mexican Pizza Chips & Salsa Black Beans Garden Salad w/Dressing Whole Kernel Corn Banana/Choice of Milk	13
14	15 M.L. King, Jr. Holiday NO SCHOOL	16 Country Fried Steak Brown Rice w/Gravy English Peas & Carrots Steamed Broccoli w/Cheese Roll Apple/Choice of Milk	17 Chicken Sandwich Lettuce/Tomato/Onion Olives/Peppers Chips & Salsa Baked Beans Sliced Pears/Milk	18 Spaghetti Garden Salad w/Dressing Corn Nuggets Steamed Broccoli Breadstick Apple/Choice of Milk	19 Choice of Pizza French Fries Garden Salad w/Dressing Whole Kernel Corn Banana/Choice of Milk	20
21	22 Chicken Casserole Garden Salad w/Dressing Breaded Okra Lima Beans Roll Apple/Choice of Milk	23 Fish Nuggets Baked Potato Garden Salad w/Dressing Coleslaw/Green Beans Roll Apple/Choice of Milk	24 Beef Nachos Lettuce/Tomato/Onion Jalapenos/Salsa Refried Beans Orange Wedges Choice of Milk	25 Smoked Sausage Red Beans & Rice Peppers/Onions & Kraut Roasted Potatoes/Carrots Cornbread/Apple Choc. Chip Cookie/Milk	26 Mexican Pizza Chips & Salsa Black Beans Garden Salad w/Dressing Whole Kernel Corn Banana/Choice of Milk	27
28	29 Grilled Chicken Sandwich Lettuce/Tomato/Onion Baked Beans Choice of Chips Garden Salad w/Dressing Banana/Choice of Milk	30 Baked Chicken Creamed Potatoes Black-eyed Peas Jalapenos/Onions Cornbread Banana/Choice of Milk	31 Hot Wings French Fries Celery w/Ranch Garden Salad w/ Dressing Texas Toast/Baked Beans Apple/Choice of Milk			

This institution is an equal opportunity provider

2018