

Physical Fitness & Wellness

Wellness Training

The Wellness program emphasizes personal and social responsibility for well-being as students learn to engage in behaviors and make decisions that enhance quality of life and maximize physical potential. Students share ideas and practice decision making using a blend of interactive lessons, video scenarios, and simulations. The curriculum links to most, if not all, state standards in Health and Wellness for topics such as diet, nutrition, exercise, and drug awareness.



First Aid Classroom Simulation for Learning and Teaching

JROTC is leading the way to integrate established learning technologies with commercial quality simulations in the classroom! Cadets engage with 'real life' scenarios to practice and reinforce how to administer first aid in a fun AND safe environment. Cadets move through the simulation by voting individually or as a group using infrared response pads. Using performance data collected by the simulation, instructors then modify instruction and provide targeted feedback.



Cadet DL Courses

Distance Learning

The 21st Century classroom needs to be as diverse as its students' needs. JROTC created distance learning courses to provide flexibility for the instructor and Cadets to meet key program outcomes related to citizenship and academic achievement.



The courses are designed with the latest interactive instructional strategies to maximize student engagement and learning. Course topics include:

- ◆ Conflict Resolution
- ◆ Time Management
- ◆ Improving Writing Skills
- ◆ Test Taking
- ◆ Internet Safety
- ◆ First Aid

To view the courses, visit:
www.jrotcdl.com

Geography

Orienteering

This interactive simulation teaches the fundamentals of orienteering. It allows students to practice their land navigation skills in a virtual 3D environment. This training also includes a mission builder to allow creation of custom missions and help with hands-on protractor skills. **Download from the JROTC Portal (under Curriculum / Games).**



Civics

Chief Justice Educational Program

Chief Justice is an educational forum designed to give the players an appreciation of the United States Constitution and of our democratic form of government. The forum contains critical thinking questions that incorporate today's most important moral and ethical issues. By using persuasive arguments and clear logic, each player must convince a jury of the merits of his or her case and attempt to win enough cases to climb the steps of the Supreme Court to become the Chief Justice.

www.forumfordemocracy.com/index.php/forum/chiefjustice/home

You the People / We the People

- ◆ School- and community-based participatory, interactive civics and citizenship study program
- ◆ Seeks to promote an active citizenry who participate in our democracy
- ◆ Based on the ideals of the U.S. Constitution and our history of civil democratic discourse
- ◆ The program teaches the following 7 Citizenship Skills/Values: Cooperation, Fairness, Patience, Respect, Strength, Self-Improvement, and Balance

www.civiced.org/index.php?page=wtp_introduction
www.youthepeople.com/student_program.html

Global Studies & Leadership



Social Studies

The interactive, thematic timeline introduces Cadets to the relevance of understanding and examining how American society developed.

For more information, visit:

www.usarmyjrotc.com/jrotc/dt/2_History/history_timeline.html

Cultural Studies

The cultural studies course is designed to introduce students to core concepts in the study of world affairs and cultural awareness. Designed to capture the multifaceted relationships of topics such as culture, language, governance, economics, and religion.

Partnering for 21st Century Citizenship

Science, Technology, Engineering, and Math (STEM)

JROTC is partnered with organizations that excel at preparing students for global citizenship. They accomplish this by fostering academic and career interest in STEM fields through educational programs, scholarship awards, competitions, and conferences.

For more information about these organizations, visit:

www.henaac.org

www.nscdiscovery.org

under "Educational Outreach"

ecybermission.apgea.army.mil



21st Century Learning

Using tools to meet 21st century learning

Student-centered Curriculum

- ◆ Problem-solving Exercises
- ◆ Differentiated Instruction/Scaffolding
- ◆ Learning Styles Inventory
- ◆ Multiple Intelligences
- ◆ Thinking Maps
- ◆ Rubrics to Evaluate

Technology in the Classroom

- ◆ Classroom Performance System (CPS)
- ◆ Interactive Skill-building Simulations

Additional tools are available through March2Success.com to assist with Math, Language Arts, and Science.



JROTC

What's New

and

Exciting . . .