



December 8, 2017

Introducing Teladoc – You now have access to a great health benefit!



- **24/7 Access to a Doctor for FREE – no member copay!**
 - Teladoc gives you access 24 hours, 7 days a week to a national network of U.S. Board Certified state licensed doctors and pediatricians
 - It's free for you and it's lower cost for the plan
 - It's an effective healthcare option for quality medical care and an alternative to Urgent Care and Emergency Room visits when you need non-emergency care
- **Talk to a Doctor Anytime**
 - Request a phone or online video consultation anytime you need care, no matter where you happen to be – home, work or traveling
 - Call toll free 1-855-477-4549 or go online at <http://www.Teladoc.com/Alabama> or download the app
 - Teladoc doctors can prescribe medication, when medically necessary
 - A Teladoc doctor is just a call or click away
- **Get the Care you Need**
 - Teladoc doctors can treat many medical conditions, including:
 - Cold and flu symptoms
 - Allergies
 - Pink Eye
 - Respiratory infection
 - Sinus problems
 - Skin problems
 - And more!

Teladoc is available to PEEHIP members and their dependents enrolled in the PEEHIP Hospital Medical Plan Group #14000 administered by Blue Cross Blue Shield of Alabama. For more information, [click here](#).

Reminder - Deadline to File Flex – January 15

- Remember to get your reimbursement request in by the January 15, 2018 deadline to avoid losing any funds.
- If you were enrolled in a 2017 PEEHIP Flexible Spending Account plan in effect from October 1, 2016 through September 30, 2017, the filing deadline is quickly approaching. All reimbursement requests for expenses incurred by September 30, 2017 must be submitted to HealthEquity along with proper documentation no later than January 15, 2018.
- Remember any unused funds in excess of \$500 remaining in your Health FSA after the deadline cannot be refunded and will be forfeited. All unused funds remaining in your Dependent Care FSA after the deadline will also be forfeited pursuant to the – “use it or lose it” rule.

Statement of Nondiscrimination: PEEHIP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-Language Interpreter Services: **Spanish:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.877.517.0020 **Chinese:** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1.877.517.0020

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