



Sun	Mon	Tues	Wed	Thu	Fri	Sat
	WG Cinnamon Bun	Sausage Biscuit	Muffin	Chicken Biscuit	Pop Tart	
Meals are FREE to ALL STUDENTS during the 2021-2022 school year! Regardless of their Free/Reduced status, each student can receive one breakfast and one lunch meal at no cost. Per USDA guidelines, students are required to get a fruit or juice with each breakfast meal. They are required to get a fruit or vegetable with each lunch meal.			1 Pizza Crunchers w/Marinara Sauce Broccoli w/Cheese WK Corn Apple • Milk	2 Meatball Sub Sandwich w/Marinara Sauce & Cheese Choice of Chips • Broccoli Spinach/Olives/Onions Sliced Peaches • Milk	3 <u>SACK LUNCH</u> Ham/Turkey/Cheese Sandwich Choice of Chips Lettuce • Tomato • Onion Baked Beans 4 oz. Juice • Milk • Fruit Choice	4
5	6 Chicken Nuggets Creamed Potatoes Green Beans WG Roll • Orange Milk	7 Beef Nachos & Cheese Lettuce • Tomato • Olives Salsa • Sour Cream Refried Beans Fruit • Milk	8 Meatloaf Creamed Potatoes Steamed Mixed Vegetables WG Cinnamon Bun Applesauce • Milk	9 Spaghetti & Meatballs Garden Salad w/Ranch Veggie Sticks Garlic Bread Banana • Milk	10 <u>SACK LUNCH</u> PB & J Sandwich Sun Chips • Apple Carrots & Ranch Milk • 4 oz. Juice • Fruit Choice	11
12	13 Mini Corndog Bites Chips & Salsa Corn on the Cob Garden Salad w/Ranch Fruit • Milk	14 Chicken Fajita Wrap w/Cheese Sautéed Peppers & Onions Black Beans on Rice Apple • Milk	15 Sliced Turkey w/Gravy Creamed Potatoes Green Beans WG Roll Apple • Milk	16 BBQ Sandwich Roasted Potatoes & Carrots Coleslaw • Baked Beans Cheez-Its • Peaches • Milk	17 <u>SACK LUNCH</u> Chicken Sandwich Lettuce • Tomato • Onion Bag of Chips Veggie Sticks/Ranch 4 oz. Juice • Milk • Fruit Choice	18
19	20 Country Fried Steak w/Gravy Creamed Potatoes English Peas • Carrots WG Roll • Apple Milk	21 Taco Salad w/Tortilla Chips Lettuce/Tomato/Olives/Onions WK Corn Ranch or Sour Cream Refried Beans Orange • Milk	22 Hot Dog Kraut • Onions • Relish Coleslaw Tater Tots Orange Slices • Milk	23 Chicken Alfredo Steamed Broccoli Mixed Veggies Garlic Bread Banana • Milk	24 <u>SACK LUNCH</u> Ham/Turkey/Cheese Sandwich Choice of Chips Lettuce • Tomato • Onion Baked Beans 4 oz. Juice • Milk • Fruit Choice	25
26	27 Cheesy Lasagna Rollup Garden Salad w/Ranch Breaded Okra Garlic Bread Peaches • Milk	28 Cheesy Beef Gordita Lettuce/Tomato/Olives/Onions Chips & Salsa • Sour Cream Mexican Chili Beans Fruit • Milk	29 Sloppy Joe Sandwich French Fries Green Beans • Banana Vanilla Wafers • Milk	30 French Bread Pizza Garden Salad w/Ranch Whole Kernel Corn Fruited Jell-O Milk	Walnut Park Elementary <div>2021</div>	