

JANUARY

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<i>Cereal Bar Or Nutrigrain Bar</i>	<i>Sausage Biscuit</i>	<i>Fruit Parfait OR String Cheese & Crackers</i>	<i>Grilled Cheese OR Pop Tart</i>	<i>WG Cinnamon Bun</i>	
1	2 SCHOOL CLOSED	3 INSERVICE DAY NO SCHOOL FOR STUDENTS	4 Spaghetti Garden Salad w/Ranch Whole Kernel Corn Garlic Texas Toast Peaches • Milk	5 Chicken Fajita Wrap w/Cheese Sautéed Peppers & Onions Chips & Salsa • Sour Cream Black Beans Orange • Milk	6 SACK LUNCH WG Sub Sandwich Lettuce • Tomato • Onions Sun Chips • Baked Beans Apple • Milk • Juice Box	7
8	9 Country Fried Steak Creamed Potatoes English Peas • Carrots WG Roll Fruit Cocktail • Milk	10 Taco Salad w/Shredded Cheese Lettuce • Onions • Olives • Tomatoes Salsa • Tortilla Chips • Ranch Sour Cream • Steamed Corn Orange • Milk	11 Cheese Pizza French Fries Garden Salad w/Ranch Crackers • Fruited Jell-O Milk	12 Chicken N' Dumplings Fried Okra Jalapeno Cheesy Cornbread Garden Salad w/Ranch Orange • Milk	13 SACK LUNCH Cheeseburger Choice of Chips Lettuce • Tomato • Onion Baked Beans Banana • Milk • Juice Box	14
15	16  MLK Day - No School	17 Cheesy Lasagna Roll Garden Salad w/Ranch Garlic Breadstick Sliced Peaches Milk	18 BBQ Pork Sandwich French Fries Coleslaw • Baked Beans Fruited Jell-O • Milk	19 Macaroni & Cheese Lil' Smokies Green Beans WG Roll • Peach Cobbler	20 SACK LUNCH PB & J Sandwich Choice of Chips Carrot, Celery, Cucumber w/Ranch Apple • Milk • Juice Box	21
22	23 Chicken Casserole Corn Nuggets WG Roll Baked Apple Crisp Milk	24 Chicken Tenders Roasted Potatoes & Carrots Green Beans • WG Muffin Apple Slices & Celery Sticks w/ Peanut Butter • Milk	25 Crispitoes Chili & Cheese Garden Salad w/Ranch Refried Beans Fruited Jell-O • Milk	26 Meatloaf Creamed Potatoes Steamed Cabbage Black-eye Peas Cornbread • Apple • Milk	27 SACK LUNCH Hot Dog Sun Chips OR Dorito Chips Relish • Onion • Kraut Baked Beans • Carrots/Ranch Orange • Milk • Juice Box	28
29	30 General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Garden Salad Mandarin Oranges • Milk	31 Sausage Patty • Eggs Grits • Biscuit Hashbrown • Carrot Sticks Orange Juice • Milk Grapes	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: #e0f0ff;">Fresh Fruit Offered DAILY!</div> <div style="border: 1px solid black; padding: 10px; background-color: #e0f0ff; font-size: 2em; font-weight: bold;">2023</div> </div>			

MEAL COST - Students: \$3.25 w/milk * Faculty/Staff: \$4.00 * Visitor: \$4.25 Extra Entrée: \$1.50 * Extra Veggie-Salad-Fruit: \$1.00 * Water/Juice \$.50-\$1.00