

# October

	Sausage, Egg, Cheese Croissant Fruit/ Juice Choice of Milk	Maple Chicken Biscuit Fruit & Juice Choice of Milk	Sausage Biscuit Fruit/ Juice Choice of Milk	Waffle Sticks Sausage Patty Fruit & Juice Choice of Milk	Cereal or Pop Tart Or Choice of Muffins Or Nutri Grain Bar Fruit, Juice & Choice of Milk	
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	
<b>1</b>	<b>2</b> Chicken Nuggets Creamed Potatoes Green Beans WG Roll Fruit & Choice of Milk	<b>3</b> Queso Cheese Bread Chili Beans Chips & Salsa Fruit Choice of Milk	<b>4</b> Cheese Stuffed Pizza Steamed Corn Garden Salad /w Ranch & Cheese & Crackers & Fruit Choice of Milk	<b>5</b> Chicken Alfredo w/ Spinach Glazed Carrots Steamed Broccoli WG Bread Stick Fruit & Choice of Milk	<b>6</b> <u>Early Release</u> Turkey/Cheese Sub Lettuce/ Tomato/ Cheese Pickles/ Chips & Salsa Carrots & Ranch Fruit & Choice of Milk	<b>7</b>
<b>8</b>	<b>9</b> NO SCHOOL	<b>10</b> TEACHER IN SERVICE	<b>11</b> Cheesy Pull a Part Bread Marinara Sauce Steamed Corn Garden Salad /w Ranch Crackers/Fruit/Choice of Milk	<b>12</b> BBQ Pork Sandwich Pickle/ Cole Slaw Baby Bakers Fruit Choice of Milk	<b>13</b> Mini Corn Dogs Fries Baked Beans Fruit Choice of Milk	<b>14</b>
<b>15</b>	<b>16</b> Spaghetti & Meatballs Steamed Broccoli Corn Nuggets Breadstick Fruit / Choice of Milk	<b>17</b> Country Fried Steak Creamed Potatoes Black Eye Peas WG Roll Fruit/ Choice of Milk	<b>18</b> Pizza Crunchers Marinara Sauce Garden Salad /w Ranch Crackers/ Steamed Corn Fruit & Choice of Milk	<b>19</b> Chicken Nuggets Candied Yams Pinto Beans Cornbread Fruit & Choice of Milk	<b>20</b> Hot Dog Fries Cole Slaw Fruit Choice of Milk	<b>21</b>
<b>22</b>	<b>23</b> Pan Cakes / Eggs Sausage Patty Tater Tots Sliced Tomato Fruit & Choice of Milk	<b>24</b> E-Learning Day	<b>25</b> Breaded Cheese Sticks Marinara Sauce Steamed Corn Garden Salad w/ Ranch Fruit & Choice of Milk	<b>26</b> Chicken Fajita Wrap Lettuce/ Tomato/Cheese Grilled Onions & Peppers Cheesy Refried Beans Sun Chips Fruit & Choice of Milk	<b>27</b> Hamburger/ Cheese Lettuce/Tomato Pickle/ Fries Cole Slaw Fruit & Choice of Milk	<b>28</b>
<b>29</b>	<b>30</b> Mummy Dogs Baked Beans Fries Fruit Choice of Milk	<b>31</b> Goulash Glazed Carrots Corn Nuggets Garlic WG Roll Fruit & Choice of Milk Worms & Dirt				

2023

*This institution is  
an equal  
opportunity  
provider*