## GADSDEN CITY SCHOOLS CHILD NUTRITION PROGRAM

### **Nutrient Standard Menu Planning**

Gadsden City Schools follows the Nutrient Standard Menu Planning. The meals must meet the Recommended Daily Allowance established by the United States Department of Agriculture (USDA).

## **Offer Versus Serve Program**

Gadsden City Schools participates in the Offer vs. Serve Program. This program allows students to choose what they would like to eat. The meals are broken down into components and the students are required to take a certain number of components to have the meal qualify as a reimbursable meal.

#### **Breakfast**

A healthy breakfast is offered with fruit available at each meal. Milk may be selected or declined. A total of two menu items must be chosen, although all four may be taken.

#### Lunch

An entrée, vegetables and a fruit are offered at each meal

Milk: Student may select or decline A minimum of three items must be taken A maximum of five items may be taken

## **Meal Pricing**

# **Elementary Prices:**

Student Breakfast: \$1.00

Reduced Price Breakfast: \$.30

Adult and Child Guest Breakfast: \$1.25

## Student Lunch: \$2.75

Reduced Priced Lunch: \$.40

Adult and Child Guest Lunch: \$4.00

Employee pricing: Breakfast - \$1.00, Lunch - \$3.50

Extra Entrée: \$1.00 Extra Vegetable: \$.75 Extra Bread: \$.25

### **Secondary Prices:**

Student Breakfast: \$1.00

Reduced Price Breakfast: \$.30

Adult and Child Guest Breakfast: \$1.25

#### Student Lunch: \$2.75

Reduced Priced Lunch: \$.40

Adult and Child Guest Lunch: \$4.00

Employee pricing: Breakfast - \$1.00, Lunch - \$3.50

Extra Entrée: \$1.00 – Middle Schools (\$1.25 at GCHS) Extra Vegetable: \$.75 – Middle Schools (\$1.00 at GCHS)

Extra Bread: \$.25 – Middle Schools (\$.50 at GCHS)