

# October

# 2025

| SUN | MONDAY | TUESDAY                                                                                        | WEDNESDAY | THURSDAY                                                                                   | FRIDAY | SAT |
|-----|--------|------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------------------------------------------|--------|-----|
|     |        |                                                                                                | 1         | 2 Grilled Chicken Salad<br>WG Crackers<br>String Cheese<br>Ranch/ Fruit<br>Choice of Milk  | 3      | 4   |
| 5   | 6      | 7 Chicken Fajita Wrap<br>Lettuce Tomato Cheese<br>WG Chips / Salsa<br>Fruit<br>Choice of Milk  | 8         | 9 Grilled Chicken Salad<br>WG Crackers<br>String Cheese<br>Ranch/ Fruit<br>Choice of Milk  | 10     | 11  |
| 12  | 13     | 14 Chicken Fajita Wrap<br>Lettuce Tomato Cheese<br>WG Chips / Salsa<br>Fruit<br>Choice of Milk | 15        | 16 Grilled Chicken Salad<br>WG Crackers<br>String Cheese<br>Ranch/ Fruit<br>Choice of Milk | 17     | 18  |
| 19  | 20     | 21 Chicken Fajita Wrap<br>Lettuce Tomato Cheese<br>WG Chips / Salsa<br>Fruit<br>Choice of Milk | 22        | 23 Grilled Chicken Salad<br>WG Crackers<br>String Cheese<br>Ranch/ Fruit<br>Choice of Milk | 24     | 25  |
| 26  | 27     | 28 Chicken Fajita Wrap<br>Lettuce Tomato Cheese<br>WG Chips / Salsa<br>Fruit<br>Choice of Milk | 29        | 30 Grilled Chicken Salad<br>WG Crackers<br>String Cheese<br>Ranch/ Fruit<br>Choice of Milk | 31     |     |