

# POV: Nest egg? Building. Retirement? Ready. You? Thriving.



## 2026 Teachers' Retirement System (TRS) Early to Mid-Career Retirement Seminars

- Treat retirement planning as self-care for your future!
- Learn about your pension and other benefits with the Retirement Systems of Alabama (RSA) and savings strategies through this free seminar.
- Sign up via Member Online Services under “Schedule.”
- Bring a coworker and plan together!



**Questions? Call RSA Field  
Services at 877.517.0020.**

**TRS**  
OF ALABAMA





# Teachers' Retirement System

## Early to Mid-Career Retirement Seminars

### 2026 Schedule

**TRS**  
OF ALABAMA

#### FEBRUARY

3	Huntsville
9	Gardendale
17	Opelika
24	Mobile

#### MARCH

3	Hollywood (Scottsboro)
10	Tuscaloosa
17	Enterprise
23	Spanish Fort
31	Florence

#### APRIL

7	Millbrook
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#### SEPTEMBER

8	Athens
15	Thomasville
29	Trussville

#### OCTOBER

6	Mobile
27	Oxford

#### NOVEMBER

17	Gadsden
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**Scan QR Code to Log in to  
Member Online Services and  
Register under 'Schedule'**

- These are **half-day seminars** (afternoon) at no charge to you.
- **Registration is required.** Click 'Member Log In' on the RSA website at [www.rsa-al.gov](http://www.rsa-al.gov), to log in to your account, and select a seminar date and location under the 'Schedule' tab **or** complete the registration form and mail to the address provided on the form. Registration forms are accepted by mail only. **No registration forms will be accepted by fax or by phone.**
- A spouse or guest is welcome to attend **with the member**. Please indicate so when registering.
- Once registered, you will receive a confirmation letter along with time and location details.

**Questions?**

**Call: (877) 517-0020**

**Ask for the  
Field Services Division**



## Early to Mid-Career Seminar Registration

Retirement Systems of Alabama  
PO Box 302150, Montgomery, Alabama 36130-2150  
877.517.0020 • 334.517.7000 • www.rsa-al.gov



### Your SSN

\_\_\_\_\_

Check One: ☐ TRS ☐ ERS

### Member Information

Name \_\_\_\_\_  
First Middle/Maiden Last  
Address \_\_\_\_\_  
Street or P.O. Box City State ZIP Code  
Telephone Number \_\_\_\_\_ Email Address \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Sex ☐ Male ☐ Female PID(optional) \_\_\_\_\_

### Employer Information

Employer \_\_\_\_\_  
Agency Name  
Number of years in the RSA \_\_\_\_\_

### Seminar Information

Seminar Selection:  
\_\_\_\_\_  
Date Location  
Will your spouse or guest be attending? ☐ Yes ☐ No  
Name \_\_\_\_\_  
Spouse/Guest Name

### Signature

#### To be eligible to attend:

A member must be covered by the Retirement Systems of Alabama, under age 55 (Tier 1) or under age 57 (Tier 2), and not within 5 years of retirement eligibility.

**Sign Here →** Your Signature \_\_\_\_\_ Date \_\_\_\_\_

#### Mail registration form to:

Retirement Systems of Alabama  
Field Services Division  
P.O. Box 302150  
Montgomery, AL 36130-2150

These are half-day seminars from 1:00 p.m. -4:00 p.m. Registration begins at 12:45 p.m.  
A confirmation letter and directions to the seminar location will be mailed to registrants.

Questions? Please call 877.517.0020 or 334.517.7000 and ask for the Field Services Division.